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PRESS RELEASE

May 16th 2016

Cambridge based Charity have been awarded a grant of £43,970 from the People's Health Trust, using money raised by HealthCommit Community Interest Company through the Health Lottery.

The Cambridge Ethnic Community Forum which works with economically and socially disadvantaged woman from some of the more deprived wards of Cambridge, is receiving funding through the Peoples Health Trust 'Active Communities Programme' to help set up a two year project entitled – 'Action For Change'.

This grant is being used to develop an Asian Womans Network that will enable these woman. It will act both as a social forum through which activities could be organised and issues discussed. Therefore breaking down the barriers of social isolation and be a platform for development. Skills will be developed and shared in areas of interest to the woman and social issues explored.

Chief Executive Officer of the Cambridge Ethnic Community Forum, Eddie Stadnik said:

"This grant will help us be part an enabling process which will develop the individual skills of the woman and develop community capacity building. For any successful strategy to tackle poverty it is extremely important that women are engaged and empowered and this project will deliver on this"

Daniel Zeichner MP for Cambridge City said :

"Congratulations to the Cambridge Ethnic Community Forum on securing this funding. I'm delighted to hear about the plans for a new community network offering fun cooking classes as well as training in communication skills, confidence and life skills."

For more information about the project contact Eddie Stadnik at the Cambridge Ethnic Community Forum on 01223 655241, email: eddie@cecf.co.uk

For more information about HealthCommit contact Info@healthcommitCIC.org.uk or visit www.healthcommitcic.org.uk/