

Community Sports Activities in Cambridge

Bringing the community together through sport!



www.cambridge.gov.uk/community-sports



Community Sports Activities in Cambridge

The following sports sessions are designed to bring all members of the community together in these inclusive activities. They were set up to appeal to under represented groups in Cambridge who traditionally have been less involved in some other sporting activities but are open to all. Everyone is positively encouraged to come along, learn a new sport and get fit whilst meeting new friends and learning a bit about other cultures.

Football

Omar Faruque Mosque

Adult Men's Football Group (Men, 18+)

Venue: CRC – Large Indoor Hall
Day/Time: Tuesdays 8.15 – 9.15pm
Cost: £3.00 per person per session
Contact: Abdul Hadi
email: omarfaruquefooty@gmail.com

Older Men's Football (Men, 21+)

Venue: Vinery Road Park
Day/Time: Saturdays 3.30 – 5.30pm
Cost: £2.00 per person per session
Contact: Universal Sports Coaching –
coachusc@mail.com

Community Football – 'Just Play' (Men, 16+)

Venue: Abbey Astro, Abbey Leisure Complex
Day/Time: Wednesdays 8.00 – 9.00pm
Cost: £2.00 per person per session
Contact: Universal Sports Coaching –
coachusc@mail.com

Cricket

Cricket for Asian Men (Men, 16+)

Venue: Netherhall Sports Centre
Day/Time: Saturdays 1.00 – 3.00pm
Cost: FREE
Contact: Chris Germon
email: chris.germon@cambscricket.org.uk
Funded by Cambs Cricket

Tennis

Community Tennis (Mixed, adults)

Venue: David Lloyd Centre
Day/Time: Saturdays 8.00 – 10.00pm
Cost: FREE
Contact: David Lloyd Sports Centre for details.
Mrm.cambridge@Davidlloyd.co.uk
Rackets provided

Exercise to Music

Women & Girls only (14 years +)

Venue: Abbey Leisure Complex
Day/Time: Fridays 6.30-8.30pm from 15th January,
Cost: 14-17s FREE; adults £6.50 (plus FREE swim)
Contact: 01223 213352 for more details

Badminton

Community Badminton (Mixed, all ages)

Venue: David Lloyd Centre
Day/Time: Saturdays 8.00 – 10.00pm
Cost: FREE for children and beginners, £3 for serious players (contribution towards equipment)
www.cambridgechinesecommunitycentre.co.uk
Open to all levels & age groups (families welcome)

Basketball

Community Basketball (Mixed, 16+)

Venue: North Cambridge Academy
Day/Time: Wednesdays 10.00 – 10.50pm
Cost: £2.00 – just turn up and play
Contact: Universal Sports Coaching –
coachusc@mail.com

Table Tennis

Community Table Tennis (Mixed, 16+)

Venue: Kelsey Kerridge Sports Centre
Day/Time: Thursdays 9.00 – 10.00pm
Contact: Kelsey Kerridge for details
www.kelseykerridge.co.uk

Chinese Community Table Tennis (Mixed, all ages)

Venue: Queen Edith Primary School
Day/Time: Sundays 11.00am - 5.00pm
Cost: Free (donation welcome)
www.cambridgechinesecommunitycentre.co.uk
All levels & age groups welcome

Swimming

Women & Girls only swim (12 years +)

Venue: Abbey Swimming Pool
Day/Time: Fridays 6.30-8.30pm from 15th January,
Cost: FREE for 12-17 years; £4.40 for adults
Contact: 01223 213352 for more details.
Please note: between 6.30-7.30pm the teaching pool will not be available.
Male lifeguards may be present. Please contact the centre for confirmation.

Nisa Ladies Swimming Group (Women & girls + boys up to 8 years only)

Venue: Kings Hedges Pool
Day/Time: Sundays 11.30am-12.30pm (term-time only)
Cost: Under 3's Free; 3-17 years £2 (£1 members);
Adults £4 (£3 members)
Contact: Zina – zinaougana@yahoo.com

For further information visit www.cambridge.gov.uk/community-sports or email sport@cambridge.gov.uk or call 01223 457532