

CAMBRIDGE ETHNIC COMMUNITY FORUM



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Newsletter: Issue Eleven — June 2010

CECF Introduction

In difficult economic times as these are, it is those individuals and communities who are the most disadvantaged and marginalized who can suffer the most. The Cambridge Ethnic Community Forum (CECF) has to do what it can to ensure that both in the interests of equal opportunities and community cohesion our society does not become more fragmented. The most disadvantaged, need to be heard and need to have a voice. This is an ideal opportunity for us to reflect and act upon our own equal opportunities statement.

"CECF recognise that people are discriminated against for a variety of reasons and that individual and institutional discriminatory practices has meant that some groups have not had equal access to fair employment practices, training, services, nor to opportunities in volunteering. CECF oppose this and is committed to equal opportunities and anti-discrimination in our principles, policies and practices."

Development

There are two new projects which CECF will be involved in delivering over the coming months. Adult Support Services, Cambridgeshire County Council are commissioning us to deliver information about what services are available and how the Black and Minority Ethnic (BME) communities can access them. We will also be working with the Cambridge Council for Voluntary Service (CCVS) in helping to deliver a project to promote engagement in public life by more BME communities in Cambridge. The Cambridge Racial Incident Support Project (CRISP) has seen an increase in the number of clients which it has been seeing in recent times. With two more new staff and additional resources we are pleased to announce that their services are now available by appointment, through extended opening hours, on Tuesday and Thursday, as well as on Saturdays. Appointments can be booked by contacting CRISP via Tel: (01223) 462615 or email: crispinquiries@cecf.co.uk.

Recently CECF has been getting more requests for assistance from public and statutory agencies for help with shaping services for BME Communities, equal opportunities issues, or improving representation. These have included requests from Addenbrookes Hospital Trust, Cambridge Regional College (CRC), Cambridgeshire County Council and Cambridgeshire Fire Service. We completed a brief consultation exercise in March with clients of CECF, for Addenbrookes Hospital, to assist them with the design of new brochures for patients and visitors. Our participation has also been requested on a new diversity panel for CRC. We have represented BME interests on the steering group for the Cambridge City Councils 'Heart of the World' Festival.

Reported by Eddie Stadnik
Chief Officer

Supported by

Funded by



MENTER

Cambridgeshire Constabulary



Lloyds TSB

Foundation for England and Wales

CAMBRIDGE ETHNIC COMMUNITY FORUM

Cambridge Racial Support Project (CRISP)



Helping those who are suffering from racial harassment or discrimination in employment or getting a service, housing, education, healthcare, social welfare or issues with the police.

Are you a victim of Racial Discrimination or Harassment?

For **FREE** confidential help and advice

Please tell us if you need an interpreter as one can be booked for you

Cambridge Racial Incident Support Project (CRISP)

62-64 Victoria Road
Cambridge
Cambridgeshire
CB4 3DU
T: 01223 462615
F: 01223 504303
E: crispenquiries@cecf.co.uk
W: www.cecf.co.uk

New Opening Times from
Tuesday 8th June

Tue: 10am-7pm
Wed: 10am-4pm
Thu: 10am-7pm
Sat: 10am-2pm

Funded by:



equalityhumanrights.com



Lloyds TSB | Foundation for England and Wales

Project of:



Forum Field Project (FFP)

I'm very pleased to announce that FFP is in its second year. Last year we had a very successful pilot year, having seven members of CECF take part in the project. This year, the project has prospered by acquiring an additional area of land, which is currently under development, to feature a Manure area, communal fruit trees and herb area, as well as one extra workable plot of land.

Together with a few volunteers and five weeks of hard labour, the additional plot of land has been cleared and already going to be taken up by a additional plotholder. There were some unfortunate incidences that took place at the allotment, including vandalism and theft; however it is a random act, which has not featured again.



© Mitesh Patel

Think Green and How to go About it

i mitesh@cecf.co.uk,
01223 315877

10:30am – 4:00pm
62-64 Victoria Road
Cambridge

Community Forum (CECF) is an umbrella group for the Black and Minority Ethnic groups in the Cambridge area. Meet the staff and volunteers of their "Forumfield" allotment project – where people of different cultures learn about each other by growing food together. All welcome, light refreshments provided.

Now on a final note, CECF FFP will be featuring in this years **Cambridge Environmental Festival**, (12/06/10 - 26/06/10) (as can be seen on the left) on **Saturday 19/06/10**. This is a **FREE** public event, giving members and the public a chance to see what great work we are doing with the Forum Field Project, but also an opportunity to meet CECF. We are also very proud to mention that the Mayor of Cambridge will be visiting, too. All are welcome! Light refreshments will be available.

For more information on Environmental Week go to Website:
www.cambridge.gov.uk/ccm/content/environment-and-recycling/sustainable-city/environment-festival.en

Reported by Mitesh Patel
Project Support Officer

CAMBRIDGE ETHNIC COMMUNITY FORUM

Community Focus

This is a new feature that we now plan to have as a regular part of the Newsletter, featuring items of interest from BME community. We would like to encourage BME member groups and individuals to contribute to this, please contact Mitesh Patel via email: mitesh@cecf.co.uk, if you have any items of interest.

As an introduction, we are featuring Cambridge African Network and Hazra Awal.



1. Cambridge African Network (CAN)

Dance Troupe

CECF would like to congratulate the CAN on a successful Dance Troupe Project. This is a project which was funded by the Transformation Fund and was developed in partnership with Cambridgeshire Race Equality & Diversity Service (CREDS) and CECF.

The African cultural dance troupe was established at the end of 2009. A dance facilitator was appointed and 30 members were registered. Rehearsals started and it was officially launched at the CAN Christmas party on the 12th of December 2009. This exciting event promoted the project to a wider section of the African community in Cambridge. Drums, costumes and music equipment were also purchased. The troupe developed a programme of African dances for public performance, including song & drumming. There was a particularly dynamic performance at the Akashi Project's "Many Voices One World Festival"



Dance Troupe in action

on March 21st 2010. The dance troupe provided a great opening and closing to the event. Subsequently they were invited to London to celebrate their achievement on 20th May 2010. Following their success, they have been given funding to form a children's version of the troupe. For more information about this project, or to find out about the Cambridge African Network please visit their Website: www.cambridgeafricannetwork.org.uk



2. Councillor Hazra Awal

Parish Councillor

Cllr Hazra Awal, who is a long standing member of the Board of Trustees of CECF and part of the fundraising committee with Willingham Youth Trust, was elected on 6th May 2010 as Parish Councillor for Willingham Parish Council. CECF would like to congratulate Hazra on his achievement and wish him the very best of luck in his new role.

Reported by Eddie Stadnik
Chief Officer

CAMBRIDGE ETHNIC COMMUNITY FORUM



Health News



Cambridge City Council Independent Living Services (CCCILS)

If you are over 60, CCCILS can give you advise on:

1. Housing available to your needs
2. Financial benefits & Personal alarms
3. Other services citywide that may of interest
4. Support in finding help in your own home
5. Social activities, who share your interests
6. Help to find the right people and enjoy your life and independence

For more information, contact Tracey on Tel: (01223) 458004

Cambridgeshire Local Involvement Network (LINK)

Since the launch of the LINK, a Work Group has been set up to concentrate on issues relating to patients with mental health needs. This group wishes to develop an appropriate work programme by finding out from service users, carers and organisations the issues facing people using mental health services. This can be services provided by either health or social care organisations. They would therefore be grateful if you could contact Kim Armitt (Cambridgeshire LINK Facilitator) via Email: kim.armitt@cambridgeshirelink.org.uk or Tel: (01480)465362 or follow through their Website: www.cambridgeshirelink.org.uk

Training and Volunteer News



EssayAssay can provide you or your organisation low cost, high quality copyediting, correspondence and academic writing assistance

Graham Roberts is the CEO for EssayAssay, which is specifically established to help those from a BME background, to become more effective communicators in the professional world.

If you need help with any of the following:

- CV, Cover Letter or Job Application Writing
- Official correspondence - i.e. resolving disputes or making enquiries of utility companies or service providers
- General letter writing
- Essay or academic writing
- Proofreading

Please feel free to browse the EssayAssay Website: www.essayassay.com or contact Graham Roberts directly on Email: graham.roberts@essayassay.com for a no obligation enquiry/quotation



Employment News

Seetec

Ground Floor, Alexander House, 1 Milton Road, Cambridge CB4 1UY

- Are you currently unemployed?
- Would you like to improve your English & Maths?
- Do you need help with your job search?
- Do you want to gain qualifications in English & Maths?

If you have answered **YES** to any of the above questions contact Eleonora or Mike on Tel: **(01223) 361300**.

Seetec is a training provider which delivers government funded training to unemployed people in receipt of benefits.

CAMBRIDGE ETHNIC COMMUNITY FORUM

Events

Arbury Carnival

Saturday 12/06/10, 11am - 5pm, Town Park, Campkin Road, Cambridge

The Arbury Carnival is a free Carnival originally created to celebrate the Queens Silver Jubilee in 1977 and currently includes a procession, entertainment, fair rides and stalls. The Carnival itself is non-profit making but instead allows local groups and charities to raise funds.

For more information about the [Arbury Carnival](http://www.arburycarnival.org) contact: For general enquires: Alan Soer via Tel: (01223) 712038 or Email: general@arburycarnival.org or visit their Website: www.arburycarnival.org.uk

Environmental Festival 2010

"Nature in Cambridge" – Photograph Exhibition 20/06/10, Milton County Park, Cambridge

As part of UN International Year of Biodiversity 2010 (<http://www.cbd.int/2010/welcome/>), Cambridge City Councils Sustainable City, will be announcing the winners of the featured photograph competition.

For more information about the Cambridge Environmental Festival 2010, please visit the Website:

www.cambridge.gov.uk/ccm/content/environment-and-recycling/sustainable-city/environment-festival.en

Gypsy Roma Traveller History Month June 2010

Gypsy Roma Traveller 
HISTORY MONTH June 2010

**Come and Celebrate
OUR BIG FAT GYPSY FESTIVAL**

**JUNE 12/13th
10 a.m - 4 p.m**

**MILTON COUNTRY PARK
CAMBRIDGE
CB24 6AZ
Next to A14**

ENJOY ...

- **MARKET STALLS**
- **CLASSIC WAGONS & TRAILERS**
- **HORSES**
- **PEG-MAKING, FLOWER-MAKING & COOKING DEMONSTRATIONS**
- **'TRAVELLERS GOT TALENT' CONTEST**
- **MUSIC, DANCING & FILMS**

..... & LOADS MORE!

WE ARE ON FACEBOOK!!

 Cambridge Sport Lakes

**CONTACT: CANDY SHERIDAN
07899 723177**

Heart of the World

Sunday 11/07/10 – Saturday 24/07/10



A celebration and exploration of music and culture from around the world.

The annual Heart Of The World Festival returns to Cambridge for a fourth year this summer with a month of fantastic events reaching across the city and the region ranging from international performances to community events at venues in and around the city. For more information about what else is taking place, have a look at the Website: www.heartoftheworld.co.uk

CECF Recommends...

ASIAN MELA

11/07/10, 12pm – 8pm, Parker's Piece, Cambridge

This year, for the first time, Cambridge will be launching it's very first Asian Mela, celebrating Asian culture including music, dance, fashion, stall and much much more.

For more information, please contact Tulat Raja on Tel: (01223) 457967.

CAMBRIDGE ETHNIC COMMUNITY FORUM

Events (continued)

Please join with us to celebrate

Refugee Week 14 - 20 June 2010

Refugee Week is a unique opportunity to discover and celebrate the contributions refugees bring to the UK. During Refugee Week events will be taking place across Cambridge, which explore the experience of asylum and refugee groups living in our community.

MINI WORLD CUP FOOTBALL TOURNAMENT

10am - 4pm, 12th June

The 'Mini World Cup' project is part of 'Bringing Communities Together', which aims to raise awareness in cultural understanding among local communities. Please come along to support the tournament and the two teams we have entered in the competition.

VENUE- Coldhams Common, Whitehill Road (Off Newmarket Road), Cambridge, CB5 8NT

ART EXHIBITION

16th June

Please join us for an exhibition of work documenting the experiences of refugees and asylum seekers living in Cambridge, including work by local photographer Karen Baldwin.

VENUE- 16th June, 12pm - 8pm: Cambridge Central Library, 1st floor, Grand Arcade, Cambridge

FILM - MOVING TO MARS

6.30pm, 17th June

A film directed by Matt Whitecross, which follows two refugee families from Burma over the course of a year that will change their lives completely. A resettlement scheme offers them a chance of a new life in Sheffield

VENUE- Anglia Ruskin University, Room: Coslett 117. Doors open 6.30pm

This event is free but due to limited spaces we ask that you book your place in advance by calling either Ari Henry on 01223 457876 or Miriam Schoneberg, Community Development Anglia Ruskin University, on 01223 363271

INFO IN THE MARKET SQUARE

10am - 3pm, 19th June

Please also take the time to visit our stall in the market square for information about our services and opportunities to volunteer to support refugees and asylum seekers living in our community



Working in support of
Refugee Week



Working with



In partnership with



Supported by



CAMBRIDGE ETHNIC COMMUNITY FORUM

Cambridge Refugee and Migrant Support



Helping Asylum Seekers, Refugees & Migrant workers in Cambridge

We provide a first point of contact for asylum seekers, refugees & migrant workers in Cambridge City. Our project offers advice & support with a range of issues including:

Accessing healthcare
Benefits entitlement
Destitution
Employment
Education

Home Office documentation
Housing
Immigration advice
NASS Support
Social Services

In addition we offer free counselling services and English Language tuition.

Drop in for general advice or help
Tuesday, Wednesday & Thursday
10am -1 pm

Service providers (by appointment only)

British Red Cross Refugee Service

Asylum seekers & refugees on a Friday 10am - 4 pm

Immigration Advisory Service

Community Legal Advice & Representation for asylum seekers & immigrants on a Tuesday.

Refugee Migrant Justice

Community Legal Advice & Representation for asylum seekers, refugees & migrant workers on a Wednesday.

For more information or to book an appointment please contact us on Tel: (01223) 315877.

This is a project run by the Cambridge Ethnic Community Forum in partnership with the British Red Cross Refugee Service and MENTER, as well as working with Immigration Advisory Service and Refugee Migrant Justice.

CAMBRIDGE ETHNIC COMMUNITY FORUM

Services provided on CECF site



Cambridge Racial Incident

Support Project (CRISP)

Helps individuals who have been victims of discrimination, or who have been a victim of racial harassment.

Tues & Thurs (10am – 7pm)
Wednesday (10am – 4pm)
Saturday (10am – 2pm)

To book an appointment, please contact CRISP on
Tel: (01223) 462615 or
Email: crispenquiries@cecf.co.uk



Italian Benefit Advice

Every 1st Friday of every Month from 10am - 12 (noon)

To book an appointment, please contact Carlo Ciccarello on
Tel: 01234 357889



Refugee and Migrant Justice

Community Legal Advice & Representation for Asylum Seekers and Migrants.

For more information go to Website: www.rmj.org.uk

Every Wednesday (appointment only)

To book an appointment, please contact us on
Tel: (01223) 315877



Immigration Advisory Service

Community Legal Advice & Representation for Immigrants and Asylum Seekers.

For more information go to Website: www.iasuk.org

Every Tuesday (appointment only)

To book an appointment, please contact us on
Tel: (01223) 315877

Drop-ins on CECF site

General Drop-in Times and Free Computer use

Monday to Friday from 10am - 1pm



British Red Cross Refugee Services

For Asylum Seekers and Refugees

Every Friday (10am - 4pm)

To book an appointment, please contact us on
Tel: (01223) 315877

CECF Staff

Chief Officer:	Eddie Stadnik
Project Support Officer:	Mitesh Patel
CRISP Project Manager:	Tony Lindsay
CRISP Caseworker	Emmanuel Obikwu
CRISP Administrator	Federica Degli-Esposti
CECF Receptionist	Asmita Sapra

CECF Management Committee

Chair:	Redge Carpen
Secretary:	Valerie Berkson
Treasurer:	Mirza Baig
Members:	Abdul Rashid Khan
	Anil Soni
	Benedict Darwa
	Deniz Kartel
	Eva Simmons
	George Akelinza
	Hazra Awal
	Jogmohanlal Kale
	Joyce Andrade
	Mahendra Soopaul
	Mustafa Ongan
	Patricia Crampton
	Thakorbbhai Patel

Developing Partnerships with

ABMEC C.I.C.
The Akashi Project
British Red Cross
Cambridge City Council
Cambridgeshire Constabulary
Cambridgeshire County Council
Cambridgeshire NHS
Equality and Human Rights Commission
Huntingdonshire Community Association
Immigration Advisory Service
MENTER
Refugee and Migrant Justice